# **YOUR IMUPRO OPTIONS**





ImuPro Screen provides an individual analysis of 44 **common foods.** Such as dairy products, cereals and chicken egg. You will receive a comprehensive report with accurate results at a glance. Dietary recommendations are not included.

ImuPro Basic tests 90 individual foods. In addition to a comprehensive report with accurate results at a glance, you will receive personal nutritional guidelines which include individual recommendations for your 4-day rotation.

ImuPro Complete tests 270 individual foods and additives (including the 90 foods in ImuPro Basic). Your diet can be changed very selectively based on the findings. This means that there will be a larger variety of alternatives for your 4-day rotation.

With ImuPro Complete, you will receive a comprehensive report with accurate results at a glance and personal nutritional guidelines which lead you through your change in diet. Your results pack also includes individual recommendations for your 4-day rotation and a recipe book which is specifically tailored to your non-lgG reactive foods.

For further information concerning IgG food hypersensitivities and the ImuPro test, please visit

www.imupro.com

# **SYMPTOMS OF IgG FOOD HYPERSENSITIVITY**







### SYMPTOMS OF AN IgG FOOD HYPERSENSITIVITY

- Menstrual cycle disorders / Infertility
- Stomach pain
- Diarrhea

- Muscle or joint pain
- Excess weight

- Fertility issues

- Constipation
- Skin rashes and eczema
- Headaches



YOUR BUILDING BLOCKS FOR INCREASING YOUR **CHANCES OF PREGNANCY** 



# **HEALTHY BODIES MAKE HEALTHY BABIES**





# YOUR INDIVIDUAL IMUPRO DIET **COULD MAKE YOUR BABY WISH COME TRUE**









### MAKE IMUPRO - YOUR NEXT STEP

Infertility is affecting a growing number of couples. Our modern life style, characterized by living in a rush, stress and by an improper diet, leads to a decrease in fertility for quite a number of women and men.

By finding out what your food hypersensitivities are, your fertility could be optimized and the risk of miscarriage could be minimized. Identifying IgG positive foods with ImuPro testing could represent a powerful tool to reduce chronic inflammation and promote fertility.



# **IgG FOOD HYPERSENSITIVES CAN ALSO AFFECT MALE FERTILITY**

Nutrition can affect sperm production and shape (or morphology) as well. It is important to support both the male and female bodies with the right food when preparing for fertility.

Sperm count and sperm motility can be influenced by what one eats: a balanced diet with enough vitamins, minerals and fatty acids is very important. Sperm carry half of the DNA in order for a female egg to be fertilized. Healthy sperm play a crucial role in conception and can diminish the risk for miscarriage.

## HOW YOUR DIET COULD HELP YOU

Your diet may help you to increase your chances to get pregnant.

ImuPro is a blood test which detects the level of food specific IgG antibodies. In combination with the nutritional concept based on your individual test results, ImuPro may help you to change your diet and improve your fertility. By eliminating food which causes you problems, your body can recover and it will be easier for you to conceive.



